

## ONLINE RESOURCES:

### SMART Recovery Online

[www.smartrecovery.org](http://www.smartrecovery.org)

Self-Management and Recovery Trainings daily online meetings, online message board and 24/7 chat room for addiction recovery.

### InTheRooms.com

In The Rooms is a free online recovery tool that offers 130 weekly online meetings for those recovering from addiction and related issues.

### Namiwisconsin.org

National Alliance on Mental Health. Peer led group for individuals with mental illness and their families.

## RESIDENTIAL PROGRAMS:

### Unity House, LaCrosse • 608-775-8689

Takes BadgeCare

Inpatient chemical dependency treatment program for men and women ages 18 and up

### Tellurian's Residential Treatment

#### 608-222-7311, Madison

Inpatient facility that provides a safe and structured living environment for 90 days. Includes individual and group therapy, spiritual care groups, and counseling for mental health.

### Adult & Teen Challenge of Wisconsin

#### 414-748-(HELP) 4357, Milwaukee

A one-year, live-in Christian discipleship program for adults struggling with problems such as drugs and alcohol.

### 5 Door Recovery 608-827-9170, Madison

Residential treatment program that provides up to 25 hours/week of counseling integrated with art and canine therapies, meditation, and family support.

### Rogers Memorial Inpatient, 800-767-4411

#### Oconomowoc, West Allis, Brown Deer

Around-the-clock nursing care oversee the safe medical detoxification of all patients.

## CORE Treatment Services • 920-663-1035

[www.coretreatmentservices.com](http://www.coretreatmentservices.com)

### 3 Riverview Drive, Manitowoc, WI 54220

Core Treatment Services is a nonprofit, 16-bed residential and day-treatment AODA (Alcohol and Other Drug Abuse) treatment center that provides evidenced based treatment to individuals who struggle with substance abuse and/or co-occurring mental health conditions.

## TREATMENT FOR WOMEN W/CHILDREN:

### ARC Community Services

608-283-6426

Madison, WI 53713

Is dedicated to helping women reclaim their lives, gain awareness of their personal self-worth, and be empowered to make the changes necessary to improve their welfare along with that of their children and families.

## OTHER SERVICES:

Contact your pastor or priest.

### SAMSHA

National helpline to help find treatment services

1 800 662 HELP(4357)

[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

### Veterans Outreach and Recovery Program

608-306-0390, Connects Veterans to community services and case management for treatment and recovery.

### FREE NARAN

at the Richland Center Police Department and Richland Center Health and Human Services.



Quick Start Guide  
Resources and more for  
Southwest Wisconsin here:  
[http://southwestern.wi.  
networkofcare.org/mh](http://southwestern.wi.networkofcare.org/mh)

Richland County Quick Start Guide:

## Connecting Individuals with Treatment for Substance Use




**THANK YOU**  
FOR TAKING THIS  
**COURAGEOUS STEP**  
TO WORK ON  
THESE ISSUES

If you are in  
**crisis** or emergency,  
involving suicide, mental  
health, addiction, and other  
crisis situations, call **888-552-6642**  
24/7 to speak with a crisis professional.

**Call or text 988**

**Great Rivers 2-1-1**  
offers free, confidential community  
information and referrals 24/7.  
Call 2-1-1 or visit [www.greatrivers211.org](http://www.greatrivers211.org)



We are here  
to **listen and**  
**serve you** with  
information you can  
use to **move forward**

### THINGS TO CONSIDER:

#### Do you have insurance?

**If No:** You might want to apply for badger-care. You can call to do this: 888-794-5556 or online. Here is the website: <https://access.wisconsin.gov/access/>

If you want someone to help you apply for Badgercare, contact Health & Human Services in Richland County to do this: 608-647-8821.

**If Yes:** Continue with contacting a resource that works for you.

#### Do you have transportation to get to treatment in or outside of Richland County?

- Badgercare will cover MTM medical transportation if you call 48 hours in advance: 866-907-1493.
- Think about who could help get you to appointments.
- Richland Transit Taxi Service: (608) 649-8294; Towne Taxi: (608) 647-3114
- ADRC Public Transportation runs bus routes through the county. Reservations are required at least one business day (24hrs) prior. Call 608-647-4616 for reservations.

Before calling a resource, think about what times you are generally available and the type of commitment you are looking to make. If you have previously received services, think about what worked for you. Build on the positive!

### LOCAL TREATMENT OPTIONS:

Outpatient Substance Abuse and Mental Health Counseling

**New Day Counseling, LLC, 608-856-5225**  
Richland Center

**Pauquette Center Outpatient Services**  
608-647-4705, Richland Center, Reedsburg

**Richland County Health and Human Services,**  
608-647-8821, Richland Center

**Pine Counseling, 608-383-1261,**  
Richland Center

Outpatient & Intensive Outpatient Treatment

**Unified Community Services 608-723-6357,**  
Dodgeville, Lancaster

For residents of Iowa or Grant Counties.

**Richland Hospital Clinic, 608-647-6161,**  
Richland Center Offers Medication-Assisted  
Treatment for substance abuse.

### INTENSIVE OUTPATIENT SERVICES

#### OUTSIDE RICHLAND:

**Goodman Behavioral Center**  
608 768 4545, Reedsburg

is a Dual Diagnosis Drug & Alcohol Addiction Treatment

**Tellurian's Day Treatment Program**  
608-223-3300, Madison, Baraboo

Patients receive weekly individual therapy alongside daily group sessions and learn essential recovery tools.

**UW Health, 608-282-8270, Madison**

Intensive outpatient program that interrupts the addictive process and introduces you to recovery. Offers a day track and an evening track.

**Rogers Behavioral Health, 800-767-4411**  
Madison, Oconomowoc

Intensive outpatient care for 3 hrs/day, 5 days/wk., 6 to 8 weeks. Care includes addiction treatment and medication-assisted options.

**UnityPoint Health- Meriter, 608-417-8144**

**Madison** Their NewStart program provides intensive outpatient treatment for adults and adolescents.

### OUTPATIENT:

**ASAP (Addiction Services and Pharmacotherapy) 608-807-1428, Madison**

Offers outpatient medication-assisted treatment with methadone, suboxone, or vivitrol.

### DETOX:

**Tellurian's Detox, open 24/7**

608-223-3311, Madison

608-519-3080, La Crosse

Average stay is 72 hours.

**LE Phillips Libertas Center, Chippawa Falls**

715-723-5585 Takes BadgerCare

### COMMUNITY RESOURCES:

**Alcoholic Anonymous (AA) 608-222-8989**

**Narcotic Anonymous (NA) 1-920-232-9615**

or visit the local meetings:

#### MONDAYS

8pm • AA meeting at

33831 Hwy 14, Lone Rock Community Center

#### TUESDAYS

10am • AA meeting at 237 E. Daly St.,

Christ Lutheran Church, Spring Green

7:30pm • AA meeting at 341 N. Wisconsin Ave

St. John's the Baptist Catholic School, Muscoda

#### WEDNESDAY

7pm • AA meeting at Richland Hills-Park in

Old Mill Pond Park, 701 W. Seminary St., Richland Ctr.

#### THURSDAY

6:15PM • **Celebrate Recovery.** Nazarene Outreach Center, 391 S. Main St., Richland Center. This is a biblically balanced approach to help bring sustainable recovery and healing to our hurts.

#### FRIDAY

5:30pm • AA meeting at Church of the Nazarene Fellowship Hall 360 S Central Ave, Richland Center

#### SATURDAY

7pm • AA meeting at 129 Wisconsin Ave., Readstown Library