

Do you know what to do when concerned about someone's mental or emotional well-being? In the COMET training, you will

 Learn a natural way to talk with a friend, a neighbor, or an acquaintance about difficult topics.

• Learn a conversational guide and the importance of being "the other person."

• Practice the COMET intervening questions and plan how you will use COMET to have conversations about another's well-being.

* NARCAN[®](naloxone HCI) NASAL SPRAY

Do you know what to do when someone is having an overdose?

In the Narcan training, you will

• Learn the signs and symptoms of an overdose and how to administer Narcan

- Learn harm reduction principles.
- You will receive a box of Narcan that contains two doses of the nasal spray

Please join these **FREE** In-Person Trainings:

Tuesday, September 12th • 9 - 11:30 am Monday, October 9th • 9 - 11:30 am

FREE LUNCH PROVIDED!

All trainings will be taking place at the Brewer Public Library 325 N Central Ave. Second Floor, Richland Center, WI 53581

Register by September 1st to be eligible for \$50 VISA GIFT CARD DRAWING



s.monson@swcap.org (608) 553-0095 https://swcap.org/events/

SOUTHWESTERN

WISCONSIN

ACTION PROGRAM

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These trainings have been made possible by:

Partners for Prevention C O A L I T I O N Engaging Richland County residents to prevent substance use by creating safe & healthy communities.

